

How much do you know? Take the Quiz

1. The #1 drug of choice for Idaho teens is:

- a. Marijuana
- b. Meth
- c. Tobacco
- d. Alcohol

2. The drug that causes the most death and disease is:

- a. Meth
- b. Tobacco
- c. Alcohol
- d. Cocaine

3. Using marijuana regularly can cause:

- a. Loss of coordination
- b. distorted perception
- c. Increased heart rate
- d. All of the above

4. The percent of Idaho's prison population who are alcohol/drug addicted is:

- a. 45%
- b. 62%
- c. 84%
- d. 93%

5. The percent of drug abusers holding full/part-time jobs is:

- a. 25%
- b. 37%
- c. 58%
- d. 70%

ATOD Resources

If you, a friend or family member have a problem, there is help.



Idaho Resources

Department of Health & Welfare
Substance Abuse Treatment
Access to Services
1-800-922-3406

Tobacco Cessation Services








Prevention Services



ATOD Get the Facts



ATOD Facts

-  Out of every dollar Idaho spends to mitigate substance abuse related problems, only 3% is spent on prevention & treatment
-  Prior to age 18, 1 out of every 4 children in the U.S. is exposed to family alcohol/drug addiction or abuse
-  The average addict, treated in the DHW system, is a white male, aged 25 - 34, who is involved in the criminal justice system
-  Drinking alcohol during pregnancy is the leading preventable cause of mental retardation & birth defects
-  Youth whose parents stay actively involved in their life through high school are significantly less likely to use alcohol, tobacco or drugs

A = Alcohol
T = Tobacco
OD = Other Drugs

Signs & Symptoms of Addiction

- ✓ **Negative changes in behavior**
- ✓ **Secrecy about possessions**
- ✓ **Incomplete/unacceptable work**
- ✓ **Borrowing money**
- ✓ **Evidence of drug equipment**
- ✓ **Using eyedrops to hide bloodshot eyes/dilated pupils**
- ✓ **Secrecy about activities**
- ✓ **Use of mouthwash/breath mints to cloak the smell of alcohol**

How do you score?

1. **d. Alcohol** is the number 1 drug of choice of all Idaho teens. According to the Idaho Substance Use, Safety and School Climate Survey, in the past 30 days 43% of seniors report alcohol use, 13% tobacco use and 18% marijuana use.
2. **b. Tobacco** causes more death and disease than any other drug. According to the CDC, in 2002, 19,102 Americans died of causes related to illegal drug use, 116,000 from alcohol use and 406,290 died of causes related to tobacco use.
3. **d. All of the above** can be caused by marijuana use. Marijuana affects memory, perception and physical health.
4. **c. 84%** of Idaho prison inmates are addicted to alcohol/drugs. It costs Idaho taxpayers about \$244,000 per day to house them.
5. **d. 70%** of drug users are employed and 23% report using drugs on the job and 44% buy drugs at their job site.